Emergency/Well-Being Resources:

- Counseling and Psychological Services (CAPS)
- Emergency/Crisis Help
- Talk to a Case Manager
- Solutions for Money Emergencies
- Food Resources for Students
- Alternative Transportation

UCR Student Affairs Resources:
Student Affairs

UCR Academic Resources:
Vice Chancellor Undergraduate Education

Additional Resources
UCR Academic Calendar
Counseling and Psychological Services
Student Case Management
Student Disability Resource Center
The Well
Recreation
Health
Women Resource Center Resources
Resources for Students with Families (Parents)
UCR CARE Student Resources
Undocumented Student Programs
Diversity Student Programs
Student Conduct & Academic Integrity Programs
R'Side Upcoming Events
R’Pantry
Challenge the Cooking Well program

Peer Support:
First Generation Student Resources
UCR Commuter Resources
Transfer Student Resources
Diversity Resources
Outdoor Excursions, Leadership, and Teambuilding